

Preliminary Estimates
May 8, 2003

Preliminary Estimates of the 2002 Michigan Behavioral Risk Factor Survey

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| Health Care Access 2002 Michigan BRFSS (% \pm 95% confidence interval limits) | | | |
|---|--|---|---|
| Demographic Characteristics | No Health Care Coverage^a | Couldn't Get Medical Care Sometime in Past 12 Months^b | No Personal Health Care Provider^c |
| Total | 13.8 \pm 1.3 | 5.3 \pm 0.8 | 16.9 \pm 1.3 |
| Age | | | |
| 18–24 years | 25.3 \pm 4.9 | 5.9 \pm 2.6 | 33.1 \pm 5.4 |
| 25–34 years | 15.2 \pm 3.0 | 6.4 \pm 2.1 | 25.1 \pm 3.6 |
| 35–44 years | 11.4 \pm 2.4 | 6.0 \pm 1.7 | 17.9 \pm 2.8 |
| 45–54 years | 10.5 \pm 2.2 | 7.4 \pm 1.9 | 11.3 \pm 2.2 |
| 55–64 years | 8.8 \pm 2.4 | 4.5 \pm 2.0 | 8.1 \pm 2.3 |
| 65–74 years | — | 1.3 \pm 1.0 | 7.3 \pm 2.3 |
| \geq 75 years | — | 1.3 \pm 1.0 | 6.9 \pm 2.6 |
| Gender | | | |
| Male | 14.5 \pm 2.1 | 4.6 \pm 1.1 | 21.8 \pm 2.2 |
| Female | 13.0 \pm 1.7 | 6.0 \pm 1.0 | 12.4 \pm 1.5 |
| Race | | | |
| White | 11.9 \pm 1.4 | 4.5 \pm 0.8 | 15.4 \pm 1.4 |
| Black | 19.7 \pm 4.7 | 8.6 \pm 3.1 | 23.2 \pm 4.8 |
| Education | | | |
| Less than high school | 32.1 \pm 7.0 | 7.8 \pm 3.0 | 19.9 \pm 4.8 |
| High school graduate | 18.9 \pm 2.8 | 5.6 \pm 1.5 | 18.0 \pm 2.4 |
| Some college | 11.7 \pm 2.2 | 5.7 \pm 1.4 | 15.7 \pm 2.3 |
| College graduate | 6.4 \pm 1.7 | 3.9 \pm 1.2 | 15.9 \pm 2.3 |
| Household income | | | |
| <\$20,000 | 36.7 \pm 5.7 | 14.3 \pm 3.4 | 24.9 \pm 4.3 |
| \$20,000–34,999 | 22.6 \pm 3.6 | 6.8 \pm 1.8 | 17.9 \pm 2.9 |
| \$35,000–49,999 | 9.2 \pm 2.6 | 3.4 \pm 1.7 | 14.6 \pm 2.8 |
| \$50,000–74,999 | 7.0 \pm 2.3 | 1.7 \pm 0.8 | 15.4 \pm 3.2 |
| \geq \$75,000 | 2.6 \pm 1.3 | 3.3 \pm 1.3 | 13.2 \pm 2.6 |
| ^a Proportion of respondents aged 18–64 who reported they did not have any kind of health care coverage. ^b Proportion of all respondents who reported that there was a time in the past 12 months when they needed medical care, but could not get it. ^c Proportion of all respondents who reported that they did not have anyone they thought of as their personal doctor or health care provider. | | | |

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| Health Status 2002 Michigan BRFSS (% \pm 95% confidence interval limits) | |
|--|---|
| Demographic Characteristics | General Health, Fair or Poor^a |
| Total | 13.5 \pm 1.1 |
| Age | |
| 18–24 years | 8.6 \pm 3.0 |
| 25–34 years | 5.8 \pm 2.0 |
| 35–44 years | 9.9 \pm 2.2 |
| 45–54 years | 13.7 \pm 2.4 |
| 55–64 years | 17.7 \pm 3.1 |
| 65–74 years | 22.6 \pm 4.0 |
| \geq 75 years | 32.5 \pm 5.1 |
| Gender | |
| Male | 12.1 \pm 1.6 |
| Female | 14.9 \pm 1.5 |
| Race | |
| White | 12.5 \pm 1.1 |
| Black | 19.3 \pm 4.2 |
| Education | |
| Less than high school | 33.7 \pm 5.1 |
| High school graduate | 16.1 \pm 2.1 |
| Some college | 12.3 \pm 1.9 |
| College graduate | 5.3 \pm 1.2 |
| Household income | |
| <\$20,000 | 32.3 \pm 4.3 |
| \$20,000–34,999 | 16.8 \pm 2.5 |
| \$35,000–49,999 | 9.7 \pm 2.4 |
| \$50,000–74,999 | 7.0 \pm 2.0 |
| \geq \$75,000 | 5.1 \pm 1.5 |
| ^a Proportion of respondents who said their health, in general, was fair or poor. | |

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| Diabetes 2002 Michigan BRFSS (% \pm 95% confidence interval limits) | |
|--|--|
| Demographic Characteristics | Ever Told Have Diabetes^a |
| Total | 8.1 \pm 0.8 |
| Age | |
| 18–24 years | 2.0 \pm 1.5 |
| 25–34 years | 1.0 \pm 0.7 |
| 35–44 years | 3.8 \pm 1.3 |
| 45–54 years | 8.5 \pm 1.9 |
| 55–64 years | 14.3 \pm 2.9 |
| 65–74 years | 20.1 \pm 4.0 |
| \geq 75 years | 22.2 \pm 4.7 |
| Gender | |
| Male | 7.9 \pm 1.2 |
| Female | 8.2 \pm 1.2 |
| Race | |
| White | 7.5 \pm 0.9 |
| Black | 11.3 \pm 3.1 |
| Education | |
| Less than high school | 16.7 \pm 4.0 |
| High school graduate | 7.9 \pm 1.5 |
| Some college | 8.3 \pm 1.5 |
| College graduate | 5.0 \pm 1.1 |
| Household income | |
| <\$20,000 | 13.3 \pm 2.8 |
| \$20,000–34,999 | 10.3 \pm 2.0 |
| \$35,000–49,999 | 7.1 \pm 1.9 |
| \$50,000–74,999 | 5.1 \pm 1.7 |
| \geq \$75,000 | 4.3 \pm 1.4 |
| ^a Proportion of respondents who reported that they had ever been told by a doctor that they had diabetes (gestational diabetes excluded). | |

| Cigarette Smoking Status 2002 Michigan BRFSS (% \pm 95% confidence interval limits) | | | |
|--|-----------------------------------|----------------------------------|----------------------------------|
| Demographic Characteristics | Current Smoker^a | Former Smoker^b | Never Smoked |
| Total | 24.1 \pm 1.4 | 27.0 \pm 1.4 | 48.9 \pm 1.6 |
| Age | | | |
| 18–24 years | 31.7 \pm 5.3 | 8.8 \pm 3.0 | 59.5 \pm 5.5 |
| 25–34 years | 26.3 \pm 3.6 | 16.5 \pm 2.9 | 57.2 \pm 4.0 |
| 35–44 years | 30.7 \pm 3.3 | 23.1 \pm 3.0 | 46.3 \pm 3.5 |
| 45–54 years | 25.7 \pm 3.1 | 32.0 \pm 3.3 | 42.4 \pm 3.5 |
| 55–64 years | 21.0 \pm 3.4 | 41.1 \pm 4.0 | 37.8 \pm 3.9 |
| 65–74 years | 11.6 \pm 2.9 | 44.5 \pm 4.7 | 43.9 \pm 4.6 |
| \geq 75 years | 4.6 \pm 2.1 | 38.1 \pm 5.2 | 57.3 \pm 5.3 |
| Gender | | | |
| Male | 25.4 \pm 2.2 | 30.4 \pm 2.2 | 44.2 \pm 2.5 |
| Female | 23.0 \pm 1.8 | 23.8 \pm 1.7 | 53.2 \pm 2.1 |
| Race | | | |
| White | 23.9 \pm 1.5 | 28.5 \pm 1.5 | 47.6 \pm 1.7 |
| Black | 25.3 \pm 4.8 | 21.6 \pm 4.4 | 53.1 \pm 5.4 |
| Education | | | |
| Less than high school | 34.8 \pm 5.4 | 31.9 \pm 5.0 | 33.2 \pm 5.1 |
| High school graduate | 31.4 \pm 2.8 | 26.1 \pm 2.4 | 42.6 \pm 2.9 |
| Some college | 24.6 \pm 2.6 | 27.2 \pm 2.6 | 48.2 \pm 3.0 |
| College graduate | 12.2 \pm 1.9 | 25.8 \pm 2.5 | 62.0 \pm 2.8 |
| Household income | | | |
| <\$20,000 | 34.7 \pm 4.6 | 22.7 \pm 3.7 | 42.7 \pm 4.6 |
| \$20,000–34,999 | 30.1 \pm 3.3 | 27.6 \pm 3.0 | 42.4 \pm 3.5 |
| \$35,000–49,999 | 25.2 \pm 3.5 | 26.8 \pm 3.4 | 48.0 \pm 4.0 |
| \$50,000–74,999 | 22.9 \pm 3.4 | 29.1 \pm 3.5 | 48.0 \pm 3.9 |
| \geq \$75,000 | 15.8 \pm 2.7 | 29.5 \pm 3.3 | 54.7 \pm 3.6 |
| ^a Proportion of respondents who reported that they had ever smoked at least 100 cigarettes in their life and that they smoke cigarettes now, either every day or on some days. ^b Proportion of respondents who reported that they had ever smoked at least 100 cigarettes in their life but they do not smoke cigarettes now. | | | |

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| Quit Attempts Among Smokers 2002 Michigan BRFS (% \pm 95% confidence interval limits) | |
|---|---|
| Demographic Characteristics | Tried to Quit Smoking One Day or Longer in Past Year^a |
| Total | 59.2 \pm 3.4 |
| Age | |
| 18–34 years | 67.8 \pm 5.9 |
| 35–54 years | 55.4 \pm 4.8 |
| \geq 55 years | 50.6 \pm 7.3 |
| Gender | |
| Male | 59.4 \pm 5.0 |
| Female | 59.0 \pm 4.4 |
| Race | |
| White | 57.1 \pm 3.7 |
| Black | 68.3 \pm 9.9 |
| Education | |
| Less than high school | 61.1 \pm 9.4 |
| High school graduate | 57.8 \pm 5.4 |
| Some college | 64.6 \pm 5.6 |
| College graduate | 50.4 \pm 8.4 |
| Household income | |
| <\$20,000 | 64.8 \pm 8.2 |
| \$20,000–34,999 | 59.9 \pm 6.4 |
| \$35,000–49,999 | 60.0 \pm 7.9 |
| \$50,000–74,999 | 57.6 \pm 8.6 |
| \geq \$75,000 | 57.7 \pm 9.3 |
| ^a Among all current smokers. | |

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| Fruit and Vegetable Consumption 2002 Michigan BRFSS (% \pm 95% confidence interval limits) | |
|---|--|
| Demographic Characteristics | Fruits & Vegetables (<5 times/day)^a |
| Total | 77.4 \pm 1.4 |
| Age | |
| 18–24 years | 81.9 \pm 4.5 |
| 25–34 years | 83.1 \pm 3.0 |
| 35–44 years | 78.8 \pm 2.9 |
| 45–54 years | 78.4 \pm 2.8 |
| 55–64 years | 74.9 \pm 3.5 |
| 65–74 years | 69.6 \pm 4.4 |
| \geq 75 years | 62.2 \pm 5.3 |
| Gender | |
| Male | 82.2 \pm 2.0 |
| Female | 72.9 \pm 1.8 |
| Race | |
| White | 77.7 \pm 1.4 |
| Black | 77.3 \pm 4.7 |
| Education | |
| Less than high school | 79.6 \pm 4.4 |
| High school graduate | 81.3 \pm 2.3 |
| Some college | 78.1 \pm 2.5 |
| College graduate | 71.9 \pm 2.6 |
| Household income | |
| <\$20,000 | 77.3 \pm 4.1 |
| \$20,000–34,999 | 80.3 \pm 2.8 |
| \$35,000–49,999 | 77.4 \pm 3.2 |
| \$50,000–74,999 | 78.2 \pm 3.2 |
| \geq \$75,000 | 76.0 \pm 3.0 |
| ^a Proportion of respondents whose total reported consumption of fruits (including juice) and vegetables was less than 5 times per day. | |

| Mean Daily Fruit and Vegetable Consumption 2002 Michigan BRFs (Mean \pm 95% confidence interval limits) | | | |
|---|--|---|--|
| Demographic Characteristics | Fruits & juices (mean times/day) ^a | Vegetables (mean times/day) ^c | Fruits & vegetables (mean times/day) ^b |
| Total | 1.5 \pm 0.0 | 2.2 \pm 0.0 | 3.7 \pm 0.1 |
| Age | | | |
| 18–24 years | 1.4 \pm 0.2 | 1.8 \pm 0.2 | 3.3 \pm 0.3 |
| 25–34 years | 1.3 \pm 0.1 | 2.0 \pm 0.1 | 3.3 \pm 0.2 |
| 35–44 years | 1.4 \pm 0.1 | 2.2 \pm 0.1 | 3.5 \pm 0.1 |
| 45–54 years | 1.4 \pm 0.1 | 2.2 \pm 0.1 | 3.6 \pm 0.1 |
| 55–64 years | 1.6 \pm 0.1 | 2.3 \pm 0.1 | 3.9 \pm 0.2 |
| 65–74 years | 1.8 \pm 0.1 | 2.4 \pm 0.1 | 4.2 \pm 0.2 |
| ≥ 75 years | 2.2 \pm 0.1 | 2.4 \pm 0.1 | 4.5 \pm 0.2 |
| Gender | | | |
| Male | 1.4 \pm 0.1 | 2.0 \pm 0.1 | 3.3 \pm 0.1 |
| Female | 1.6 \pm 0.1 | 2.3 \pm 0.1 | 3.9 \pm 0.1 |
| Race | | | |
| White | 1.5 \pm 0.0 | 2.2 \pm 0.0 | 3.6 \pm 0.1 |
| Black | 1.7 \pm 0.2 | 1.9 \pm 0.1 | 3.6 \pm 0.3 |
| Education | | | |
| Less than high school | 1.5 \pm 0.2 | 1.9 \pm 0.2 | 3.4 \pm 0.3 |
| High school graduate | 1.4 \pm 0.1 | 2.0 \pm 0.1 | 3.4 \pm 0.1 |
| Some college | 1.5 \pm 0.1 | 2.2 \pm 0.1 | 3.7 \pm 0.1 |
| College graduate | 1.6 \pm 0.1 | 2.4 \pm 0.1 | 4.0 \pm 1.0 |
| Household income | | | |
| <\$20,000 | 1.5 \pm 0.1 | 2.1 \pm 0.1 | 3.6 \pm 0.2 |
| \$20,000–34,999 | 1.5 \pm 0.1 | 2.0 \pm 0.1 | 3.5 \pm 0.1 |
| \$35,000–49,999 | 1.4 \pm 0.1 | 2.2 \pm 0.1 | 3.7 \pm 0.2 |
| \$50,000–74,999 | 1.5 \pm 0.1 | 2.2 \pm 0.1 | 3.6 \pm 0.2 |
| \geq \$75,000 | 1.5 \pm 0.1 | 2.3 \pm 0.1 | 3.8 \pm 0.1 |
| Note: These BRFs estimates of fruit and vegetable consumption should be interpreted only as general indicators of consumption level. ^a Sum of reported frequencies of usual daily fruit and juice consumption (two questions). ^b Sum of reported frequencies of usual daily consumption of green salad, potatoes, carrots, and all other vegetables (four questions). ^c Sum of reported frequencies of usual daily fruit, juice, and vegetable consumption. | | | |

| Leisure-time Physical Activity 2002 Michigan BRFSS (% \pm 95% confidence interval limits) | | | |
|--|----------------------------------|---|--|
| Demographic Characteristics | No Activity^a | Inadequate Physical Activity^b | Inadequate Vigorous Physical Activity^c |
| Total | 24.3 \pm 1.4 | 52.5 \pm 1.6 | 72.5 \pm 1.5 |
| Age | | | |
| 18–24 years | 22.8 \pm 4.8 | 46.6 \pm 5.7 | 62.1 \pm 5.6 |
| 25–34 years | 20.2 \pm 3.3 | 49.9 \pm 4.1 | 67.5 \pm 3.8 |
| 35–44 years | 20.0 \pm 2.9 | 46.8 \pm 3.5 | 66.3 \pm 3.4 |
| 45–54 years | 24.7 \pm 3.1 | 52.7 \pm 3.6 | 74.6 \pm 3.1 |
| 55–64 years | 25.1 \pm 3.5 | 55.2 \pm 4.2 | 76.9 \pm 3.6 |
| 65–74 years | 27.4 \pm 4.2 | 59.3 \pm 4.7 | 85.4 \pm 3.4 |
| ≥ 75 years | 41.9 \pm 5.3 | 73.1 \pm 4.9 | 92.5 \pm 2.7 |
| Gender | | | |
| Male | 21.6 \pm 2.1 | 48.8 \pm 2.5 | 66.7 \pm 2.4 |
| Female | 26.8 \pm 1.9 | 56.0 \pm 2.1 | 77.8 \pm 1.8 |
| Race | | | |
| White | 22.7 \pm 1.5 | 51.8 \pm 1.8 | 72.1 \pm 1.6 |
| Black | 32.2 \pm 5.0 | 56.0 \pm 5.6 | 74.6 \pm 4.9 |
| Education | | | |
| Less than high school | 44.9 \pm 5.4 | 60.3 \pm 5.6 | 83.9 \pm 4.4 |
| High school graduate | 33.7 \pm 2.8 | 54.3 \pm 3.0 | 76.2 \pm 2.7 |
| Some college | 20.0 \pm 2.4 | 50.4 \pm 3.0 | 70.4 \pm 2.8 |
| College graduate | 11.4 \pm 1.8 | 50.1 \pm 2.9 | 66.8 \pm 2.8 |
| Household income | | | |
| <\$20,000 | 36.9 \pm 4.5 | 58.0 \pm 4.8 | 79.1 \pm 4.3 |
| \$20,000–34,999 | 34.3 \pm 3.4 | 56.5 \pm 3.6 | 79.2 \pm 3.0 |
| \$35,000–49,999 | 22.8 \pm 3.4 | 52.0 \pm 4.0 | 72.1 \pm 3.7 |
| \$50,000–74,999 | 15.6 \pm 2.7 | 50.0 \pm 4.0 | 69.3 \pm 3.8 |
| \geq \$75,000 | 10.9 \pm 2.3 | 43.9 \pm 3.5 | 60.2 \pm 3.5 |
| ^a Proportion of respondents who said they did <u>not</u> participate in any physical activities or exercises (such as running, golf, or walking for exercise) in their leisure time within the past month. ^b Proportion of respondents who reported that they did not participate in either <u>moderate</u> physical activity (such as brisk walking, bicycling, vacuuming, or gardening for at least 30 minutes, 5 or more days a week) or <u>vigorous</u> physical activity (for a minimum of 20 minutes, 3 or more days a week). ^c Proportion of respondents who reported that they did <u>not</u> participate in <u>vigorous</u> physical activity (such as running, aerobics, heavy yard work) for a minimum of 20 minutes, 3 days a week. | | | |

| Occupational Physical Activity^a Among Currently Employed Adults 2002 Michigan BRFSS (% ± 95% confidence interval limits) | | | |
|--|-----------------------------------|-----------------------|--|
| Demographic Characteristics | Mostly Sitting or Standing | Mostly Walking | Mostly Labor or Physically Demanding Work |
| Total | 58.2 ± 2.1 | 24.4 ± 1.8 | 17.4 ± 1.7 |
| Age | | | |
| 18–24 years | 47.2 ± 7.2 | 33.2 ± 6.7 | 19.6 ± 5.6 |
| 25–34 years | 55.9 ± 4.6 | 24.7 ± 3.9 | 19.4 ± 3.9 |
| 35–44 years | 56.3 ± 3.9 | 23.9 ± 3.4 | 19.8 ± 3.2 |
| 45–54 years | 64.9 ± 3.8 | 21.7 ± 3.3 | 13.5 ± 2.9 |
| 55–64 years | 62.4 ± 5.9 | 22.5 ± 5.1 | 15.0 ± 4.6 |
| ≥65 years | 76.4 ± 9.2 | 16.0 ± 7.5 | 7.6 ± 6.2 |
| Gender | | | |
| Male | 54.6 ± 3.1 | 21.2 ± 2.5 | 24.2 ± 2.7 |
| Female | 62.3 ± 2.8 | 28.1 ± 2.6 | 9.6 ± 1.8 |
| Race | | | |
| White | 59.2 ± 2.3 | 23.6 ± 1.9 | 17.3 ± 1.8 |
| Black | 51.1 ± 7.3 | 28.7 ± 6.4 | 20.3 ± 6.3 |
| Education | | | |
| Less than high school | 43.5 ± 9.8 | 29.6 ± 9.0 | 27.0 ± 8.5 |
| High school graduate | 43.5 ± 4.0 | 27.1 ± 3.6 | 29.4 ± 3.8 |
| Some college | 58.3 ± 3.8 | 24.6 ± 3.3 | 17.2 ± 2.9 |
| College graduate | 73.0 ± 3.1 | 21.2 ± 2.8 | 5.8 ± 1.7 |
| Household income | | | |
| <\$20,000 | 47.1 ± 8.9 | 29.8 ± 8.1 | 23.1 ± 7.5 |
| \$20,000–34,999 | 50.3 ± 5.0 | 25.1 ± 4.2 | 24.7 ± 4.6 |
| \$35,000–49,999 | 49.7 ± 4.9 | 25.4 ± 4.3 | 24.9 ± 4.4 |
| \$50,000–74,999 | 54.6 ± 4.6 | 28.9 ± 4.3 | 16.5 ± 3.6 |
| ≥\$75,000 | 73.3 ± 3.5 | 19.2 ± 3.1 | 7.5 ± 2.2 |
| ^a Response to the question, "When you are at work, which of the following best describes what you do? Would you say mostly sitting or standing, mostly walking, or mostly heavy labor or physically demanding work. | | | |

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| Asthma 2002 Michigan BRFSS (% \pm 95% confidence interval limits) | | |
|--|--|--------------------------------------|
| Demographic Characteristics | Ever Told Have Asthma^a | Still Have Asthma^b |
| Total | 13.0 \pm 1.1 | 8.8 \pm 0.9 |
| Age | | |
| 18–24 years | 17.3 \pm 4.0 | 9.8 \pm 3.2 |
| 25–34 years | 13.4 \pm 2.8 | 8.2 \pm 2.2 |
| 35–44 years | 11.8 \pm 2.2 | 8.0 \pm 1.9 |
| 45–54 years | 11.9 \pm 2.4 | 9.2 \pm 2.2 |
| 55–64 years | 14.2 \pm 3.0 | 10.1 \pm 2.6 |
| 65–74 years | 11.1 \pm 3.0 | 8.9 \pm 2.8 |
| ≥ 75 years | 11.4 \pm 3.4 | 8.0 \pm 2.9 |
| Gender | | |
| Male | 11.7 \pm 1.6 | 7.2 \pm 1.4 |
| Female | 14.1 \pm 1.5 | 10.2 \pm 1.3 |
| Race | | |
| White | 12.9 \pm 1.2 | 8.8 \pm 1.0 |
| Black | 13.8 \pm 3.7 | 9.1 \pm 3.1 |
| Education | | |
| Less than high school | 15.4 \pm 4.0 | 11.6 \pm 3.6 |
| High school graduate | 13.0 \pm 2.0 | 8.9 \pm 1.6 |
| Some college | 13.5 \pm 2.1 | 9.3 \pm 1.8 |
| College graduate | 11.7 \pm 1.9 | 7.3 \pm 1.5 |
| Household income | | |
| <\$20,000 | 14.6 \pm 3.2 | 9.9 \pm 2.5 |
| \$20,000–34,999 | 14.3 \pm 2.6 | 10.8 \pm 2.4 |
| \$35,000–49,999 | 11.3 \pm 2.4 | 7.7 \pm 2.1 |
| \$50,000–74,999 | 12.3 \pm 2.6 | 6.7 \pm 1.9 |
| \geq \$75,000 | 12.4 \pm 2.4 | 8.8 \pm 2.1 |
| ^a Proportion of respondents who reported that they had ever been told by a doctor that they had asthma. ^b Proportion of respondents who reported that they still have asthma. | | |

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| Immunizations Among Adults Aged 65 Years and Older 2002 Michigan BRFSS (% \pm 95% confidence interval limits) | | |
|--|--|---|
| Demographic Characteristics | Had Flu Shot in Past Year^a | Ever Had Pneumonia Vaccine^b |
| Total | 67.8 \pm 3.3 | 63.1 \pm 3.4 |
| Gender | | |
| Male | 66.5 \pm 5.4 | 60.1 \pm 5.6 |
| Female | 68.7 \pm 4.2 | 65.1 \pm 4.3 |
| Race | | |
| White | 68.9 \pm 3.4 | 65.6 \pm 3.5 |
| Black | 66.2 \pm 13.0 | 45.7 \pm 13.5 |
| Education | | |
| Less than high school | 63.7 \pm 8.2 | 57.9 \pm 8.4 |
| High school graduate | 68.3 \pm 5.2 | 62.4 \pm 5.5 |
| Some college | 69.4 \pm 6.5 | 67.8 \pm 6.6 |
| College graduate | 70.3 \pm 7.4 | 65.4 \pm 7.7 |
| ^a Proportion of respondents 65 years and older who reported that they had had a flu shot in the past year. ^b Proportion of respondents who reported that they ever had a pneumonia vaccination. | | |

Preliminary Estimates
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| Weight Status^a 2002 Michigan BRFS (% ± 95% confidence interval limits) | | | | |
|---|-------------------|-------------------|-------------------|--------------------|
| Demographic Characteristics | Obese | Overweight | Healthy | Underweight |
| Total | 25.2 ± 1.4 | 36.9 ± 1.6 | 35.9 ± 1.6 | 2.0 ± 0.5 |
| Age | | | | |
| 18–24 years | 12.9 ± 3.8 | 28.1 ± 5.2 | 53.9 ± 5.8 | 5.2 ± 2.6 |
| 25–34 years | 23.5 ± 3.5 | 35.1 ± 4.1 | 39.9 ± 4.0 | 1.4 ± 0.8 |
| 35–44 years | 25.2 ± 3.1 | 37.3 ± 3.5 | 35.0 ± 3.3 | 2.4 ± 1.2 |
| 45–54 years | 31.5 ± 3.4 | 38.9 ± 3.5 | 28.7 ± 3.2 | 0.9 ± 0.6 |
| 55–64 years | 31.5 ± 3.9 | 41.4 ± 4.1 | 26.5 ± 3.6 | 0.7 ± 0.5 |
| 65–74 years | 29.9 ± 4.4 | 39.8 ± 4.6 | 29.0 ± 4.4 | 1.2 ± 0.9 |
| ≥75 years | 19.6 ± 4.5 | 39.2 ± 5.3 | 39.5 ± 5.2 | 1.8 ± 1.3 |
| Gender | | | | |
| Male | 25.0 ± 2.1 | 44.6 ± 2.5 | 29.7 ± 2.3 | 0.7 ± 0.4 |
| Female | 25.5 ± 1.9 | 29.4 ± 1.9 | 42.0 ± 2.1 | 3.2 ± 0.9 |
| Race | | | | |
| White | 23.7 ± 1.5 | 36.9 ± 1.7 | 37.2 ± 1.7 | 2.3 ± 0.6 |
| Black | 34.5 ± 5.2 | 39.6 ± 5.5 | 25.4 ± 4.7 | 0.5 ± 0.6* |
| Education | | | | |
| Less than high school | 29.3 ± 4.9 | 36.7 ± 5.4 | 31.1 ± 5.3 | 2.9 ± 2.0 |
| High school graduate | 29.0 ± 2.7 | 35.2 ± 2.9 | 33.7 ± 2.8 | 2.2 ± 1.0 |
| Some college | 27.6 ± 2.7 | 35.3 ± 2.9 | 35.2 ± 2.9 | 2.0 ± 0.8 |
| College graduate | 17.5 ± 2.2 | 40.4 ± 2.9 | 40.8 ± 2.9 | 1.4 ± 0.6 |
| Household income | | | | |
| <\$20,000 | 30.4 ± 4.4 | 32.1 ± 4.5 | 35.7 ± 4.7 | 1.9 ± 1.1 |
| \$20,000–34,999 | 29.6 ± 3.3 | 33.5 ± 3.4 | 34.5 ± 3.4 | 2.4 ± 1.1 |
| \$35,000–49,999 | 24.3 ± 3.5 | 41.0 ± 4.0 | 33.5 ± 3.7 | 1.2 ± 1.0 |
| \$50,000–74,999 | 22.9 ± 3.3 | 40.7 ± 4.0 | 34.2 ± 3.8 | 2.2 ± 1.3 |
| ≥\$75,000 | 23.4 ± 3.1 | 38.3 ± 3.5 | 37.0 ± 3.5 | 1.3 ± 0.9 |
| ^a Prevalence estimates for weight status were based on body mass index (BMI) as calculated from the self-reported weight and height measurements. BMI is defined as weight (in kilograms) divided by height (in meters) squared [weight in kg/(height in meters) ²]. Weight status categories were defined as follows: obese BMI ≥30; overweight BMI 25.0–29.9; healthy weight BMI 18.5–24.9; and underweight BMI <18.5. Pregnant women were excluded from this analysis. *95% confidence interval exceeds possible limits. | | | | |

| Cardiovascular Disease Indicators Among Respondents 35 Years and Older 2002 Michigan BRFSS (% ± 95% confidence interval limits) | | | |
|---|--|---|---|
| Demographic Characteristics | Ever Told Had Heart Attack or Myocardial Infarction^a | Ever Told Had Angina or Coronary Heart Disease^b | Ever Told Had Stroke^c |
| Total | 7.2 ± 1.0 | 7.1 ± 0.9 | 3.9 ± 0.7 |
| Age | | | |
| 35–44 years | 1.5 ± 1.0 | 1.6 ± 1.0 | 1.5 ± 0.8 |
| 45–54 years | 3.5 ± 1.4 | 3.9 ± 1.5 | 1.6 ± 1.0 |
| 55–64 years | 8.6 ± 2.4 | 10.8 ± 2.7 | 4.7 ± 1.8 |
| 65–74 years | 15.1 ± 3.4 | 15.7 ± 3.5 | 6.7 ± 2.4 |
| ≥75 years | 20.7 ± 4.5 | 14.9 ± 3.8 | 11.6 ± 3.6 |
| Gender | | | |
| Male | 9.9 ± 1.7 | 8.8 ± 1.5 | 3.9 ± 1.1 |
| Female | 4.7 ± 1.0 | 5.5 ± 1.1 | 3.9 ± 0.9 |
| Race | | | |
| White | 7.0 ± 1.0 | 7.2 ± 1.0 | 3.6 ± 0.7 |
| Black | 7.8 ± 3.6 | 7.5 ± 3.8 | 5.6 ± 3.1 |
| Education | | | |
| Less than high school | 18.9 ± 4.7 | 13.2 ± 4.0 | 6.7 ± 3.2 |
| High school graduate | 6.9 ± 1.7 | 7.0 ± 1.6 | 3.4 ± 1.1 |
| Some college | 7.4 ± 1.9 | 7.8 ± 1.9 | 4.7 ± 1.6 |
| College graduate | 3.0 ± 1.0 | 4.3 ± 1.3 | 2.6 ± 1.0 |
| Household income | | | |
| <\$20,000 | 12.9 ± 3.3 | 12.8 ± 3.3 | 7.0 ± 2.7 |
| \$20,000–34,999 | 11.6 ± 2.5 | 11.1 ± 2.6 | 5.9 ± 1.9 |
| \$35,000–49,999 | 4.4 ± 2.0 | 4.2 ± 1.7 | 4.1 ± 2.0 |
| \$50,000–74,999 | 3.9 ± 2.0 | 4.2 ± 1.8 | 2.4 ± 1.5 |
| ≥\$75,000 | 2.9 ± 1.4 | 4.1 ± 1.6 | 0.6 ± 0.5 |
| Proportion of respondents 35 years and older who had ever been told by a doctor that... ^a they had a heart attack or myocardial infarction. ^b they had angina or coronary heart disease. ^c they had a stroke. | | | |

| Colorectal Cancer Screening Among Adults Aged 50 Years and Older 2002 Michigan BRFSS (% ± 95% confidence interval limits) | | | | |
|---|--|---|--|---|
| Demographic Characteristics | Ever Had Blood Stool Test^a | Had Blood Stool Test in Past Two Years^b | Ever Had a Sigmoidoscopy or Colonoscopy^c | Had Sigmoidoscopy or Colonoscopy in Past 5 Years^d |
| Total | 53.6 ± 2.4 | 35.1 ± 2.3 | 55.6 ± 2.4 | 45.2 ± 2.4 |
| Age | | | | |
| 50–59 years | 45.4 ± 3.7 | 30.8 ± 3.4 | 43.8 ± 3.6 | 36.2 ± 3.5 |
| 60–69 years | 61.2 ± 4.4 | 38.7 ± 4.4 | 63.5 ± 4.3 | 51.5 ± 4.5 |
| ≥70 years | 58.7 ± 4.2 | 38.1 ± 4.0 | 65.5 ± 4.0 | 52.6 ± 4.2 |
| Gender | | | | |
| Male | 52.0 ± 3.7 | 34.6 ± 3.5 | 55.4 ± 3.7 | 45.7 ± 3.7 |
| Female | 54.8 ± 3.1 | 35.5 ± 3.0 | 55.8 ± 3.1 | 44.8 ± 3.1 |
| Race | | | | |
| White | 55.1 ± 2.5 | 35.3 ± 2.4 | 56.3 ± 2.5 | 45.1 ± 2.5 |
| Black | 43.8 ± 8.9 | 34.2 ± 8.6 | 54.7 ± 9.1 | 49.3 ± 9.2 |
| Education | | | | |
| Less than high school | 41.9 ± 6.5 | 28.8 ± 6.1 | 51.3 ± 6.7 | 38.9 ± 6.7 |
| High school graduate | 52.2 ± 4.0 | 34.2 ± 3.7 | 55.2 ± 4.0 | 44.6 ± 4.0 |
| Some college | 57.6 ± 4.5 | 38.4 ± 4.5 | 55.6 ± 4.6 | 44.7 ± 4.5 |
| College graduate | 58.2 ± 4.5 | 36.7 ± 4.4 | 59.3 ± 4.4 | 50.5 ± 4.5 |
| Household income | | | | |
| <\$20,000 | 47.2 ± 5.9 | 30.4 ± 5.3 | 47.8 ± 5.9 | 35.5 ± 5.7 |
| \$20,000–34,999 | 54.1 ± 4.8 | 36.8 ± 4.6 | 57.9 ± 4.8 | 49.3 ± 4.8 |
| \$35,000–49,999 | 56.8 ± 6.0 | 38.3 ± 5.9 | 56.9 ± 6.0 | 46.5 ± 6.1 |
| \$50,000–74,999 | 51.4 ± 6.5 | 33.4 ± 6.2 | 50.2 ± 6.5 | 39.6 ± 6.3 |
| ≥\$75,000 | 57.9 ± 6.0 | 36.2 ± 6.0 | 55.6 ± 6.1 | 46.8 ± 6.1 |
| ^a Reported 'yes' to the question, "A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?" ^b Proportion of respondents who had a blood stool test within the last two years using a home kit. ^c Reported 'yes' to the question, "Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the bowel for signs of cancer or other health problems. Have you ever had either of these exams?" ^d Proportion of respondents who had a sigmoidoscopy or colonoscopy within the past 5 years. | | | | |

Preliminary Estimates
May 8, 2003

| Oral Health 2002 Michigan BRFSS (% \pm 95% confidence interval limits) | | |
|--|---|---|
| Demographic Characteristics | No Dental Visit In Past Year^a | No Teeth Cleaning In Past Year^b |
| Total | 23.9 \pm 1.4 | 23.9 \pm 1.5 |
| Age | | |
| 18–24 years | 25.2 \pm 4.8 | 27.2 \pm 5.0 |
| 25–34 years | 24.5 \pm 3.5 | 27.4 \pm 3.6 |
| 35–44 years | 23.1 \pm 3.0 | 24.2 \pm 3.1 |
| 45–54 years | 21.6 \pm 3.0 | 22.3 \pm 3.1 |
| 55–64 years | 20.5 \pm 3.4 | 16.3 \pm 3.2 |
| 65–74 years | 26.4 \pm 4.2 | 21.3 \pm 4.1 |
| ≥ 75 years | 29.8 \pm 5.1 | 26.4 \pm 5.2 |
| Gender | | |
| Male | 24.7 \pm 2.2 | 25.6 \pm 2.3 |
| Female | 23.1 \pm 1.8 | 22.3 \pm 1.8 |
| Race | | |
| White | 21.4 \pm 1.5 | 21.5 \pm 1.5 |
| Black | 35.1 \pm 5.2 | 34.5 \pm 5.4 |
| Education | | |
| Less than high school | 48.8 \pm 5.4 | 47.6 \pm 6.1 |
| High school graduate | 28.2 \pm 2.6 | 29.0 \pm 2.8 |
| Some college | 21.1 \pm 2.5 | 20.7 \pm 2.5 |
| College graduate | 13.6 \pm 2.1 | 15.5 \pm 2.2 |
| Household income | | |
| <\$20,000 | 47.6 \pm 4.7 | 48.1 \pm 5.2 |
| \$20,000–34,999 | 31.0 \pm 3.3 | 32.3 \pm 3.5 |
| \$35,000–49,999 | 20.9 \pm 3.2 | 21.0 \pm 3.3 |
| \$50,000–74,999 | 15.9 \pm 2.9 | 17.0 \pm 3.1 |
| \geq \$75,000 | 11.0 \pm 2.4 | 11.2 \pm 2.4 |
| Proportion of respondents who reported that... ^a they had not visited a dentist or dental clinic for any reason in the previous year. ^b they did not have their teeth cleaned by a dentist or dental hygienist in the previous year. | | |

Preliminary Estimates
May 8, 2003

| Alcohol Use 2002 Michigan BRFSS (% ± 95% confidence interval limits) | | | |
|--|-----------------------------------|-----------------------------------|---|
| Demographic Characteristics | Heavy Drinking^a | Binge Drinking^b | Drinking and Driving^c |
| Total | 5.9 ± 0.8 | 16.8 ± 1.3 | 3.0 ± 0.6 |
| Age | | | |
| 18–24 years | 10.2 ± 3.7 | 31.1 ± 5.3 | 5.1 ± 2.4 |
| 25–34 years | 6.5 ± 2.1 | 25.7 ± 3.5 | 3.7 ± 1.6 |
| 35–44 years | 6.9 ± 1.9 | 18.8 ± 2.8 | 3.9 ± 1.4 |
| 45–54 years | 5.8 ± 1.5 | 14.4 ± 2.5 | 3.1 ± 1.4 |
| 55–64 years | 3.6 ± 1.3 | 7.8 ± 2.3 | 1.2 ± 0.7 |
| 65–74 years | 2.2 ± 1.2 | 3.7 ± 1.7 | 0.8 ± 0.7 |
| ≥75 years | 2.3 ± 1.8 | 1.5 ± 1.2 | 0.2 ± 0.4* |
| Gender | | | |
| Male | 6.9 ± 1.4 | 24.5 ± 2.2 | 4.4 ± 1.0 |
| Female | 4.9 ± 1.0 | 9.7 ± 1.3 | 1.6 ± 0.6 |
| Race | | | |
| White | 6.1 ± 0.9 | 17.7 ± 1.4 | 3.0 ± 0.6 |
| Black | 3.9 ± 2.0 | 11.5 ± 3.4 | 2.9 ± 2.1 |
| Education | | | |
| Less than high school | 5.8 ± 2.9 | 15.6 ± 4.3 | 2.8 ± 2.1 |
| High school graduate | 6.6 ± 1.5 | 16.3 ± 2.2 | 2.2 ± 0.8 |
| Some college | 6.0 ± 1.5 | 18.1 ± 2.5 | 3.3 ± 1.1 |
| College graduate | 5.0 ± 1.4 | 16.4 ± 2.4 | 3.6 ± 1.2 |
| Household income | | | |
| <\$20,000 | 6.0 ± 2.3 | 16.3 ± 3.8 | 2.7 ± 1.7 |
| \$20,000–34,999 | 5.2 ± 1.7 | 15.2 ± 2.6 | 2.1 ± 0.9 |
| \$35,000–49,999 | 7.0 ± 2.1 | 19.0 ± 3.2 | 4.0 ± 1.6 |
| \$50,000–74,999 | 6.4 ± 2.2 | 18.6 ± 3.2 | 3.3 ± 1.6 |
| ≥\$75,000 | 6.1 ± 1.8 | 19.6 ± 3.0 | 4.1 ± 1.5 |
| Proportion of respondents who reported... ^a consuming on average more than two alcoholic beverages per day (men) or more than one alcoholic beverage per day (women). ^b consuming five or more drinks per occasion at least once in the previous month. ^c that they had driven when they'd had too much to drink at least once in the previous month. *95% confidence interval exceeds possible limits. | | | |

| Clinical Breast Exam Indicators Among Women 20 Years and Older 2002 Michigan BRFS (% \pm 95% confidence interval limits) | | |
|--|--------------------------------------|---|
| Demographic Characteristics | Ever Had Clinical Breast Exam | Had Appropriately Timed Clinical Breast Exam^a |
| Total | 92.7 \pm 1.2 | 77.4 \pm 1.8 |
| Age | | |
| 20–29 years | 90.8 \pm 3.6 | 87.4 \pm 4.0 |
| 30–39 years | 97.1 \pm 1.6 | 91.8 \pm 2.6 |
| 40–49 years | 95.6 \pm 1.9 | 72.1 \pm 3.9 |
| 50–59 years | 95.0 \pm 2.3 | 75.4 \pm 4.2 |
| 60–69 years | 92.4 \pm 3.7 | 69.2 \pm 5.7 |
| ≥ 70 years | 82.6 \pm 4.1 | 60.1 \pm 5.3 |
| Race | | |
| White | 93.6 \pm 1.2 | 77.7 \pm 1.9 |
| Black | 90.2 \pm 4.4 | 77.6 \pm 5.9 |
| Education | | |
| Less than high school | 87.4 \pm 5.5 | 56.0 \pm 7.6 |
| High school graduate | 90.6 \pm 2.3 | 75.2 \pm 3.2 |
| Some college | 93.7 \pm 1.8 | 79.1 \pm 3.0 |
| College graduate | 96.1 \pm 1.6 | 85.4 \pm 2.6 |
| Household income | | |
| <\$20,000 | 86.7 \pm 4.0 | 61.7 \pm 5.5 |
| \$20,000–34,999 | 90.7 \pm 2.7 | 76.7 \pm 3.8 |
| \$35,000–49,999 | 94.4 \pm 2.7 | 81.8 \pm 4.1 |
| \$50,000–74,999 | 95.9 \pm 2.2 | 81.6 \pm 3.8 |
| \geq \$75,000 | 99.0 \pm 0.9 | 89.1 \pm 2.9 |
| ^a Proportion of female respondents whose last clinical breast exam was within the previous three years for women 20–39 years and within the previous year for women 40 years and older. | | |

| Mammography Indicators Among Women 40 Years and Older 2002 Michigan BRFS (% ± 95% confidence interval limits) | | | |
|--|---------------------------|---|--|
| Demographic Characteristics | Ever Had Mammogram | Had Mammogram in Past Year^a | Had Clinical Breast Exam and Mammogram in Past Year^b |
| Total | 92.3 ± 1.4 | 61.9 ± 2.5 | 54.2 ± 2.5 |
| Age | | | |
| 40–49 years | 87.0 ± 3.1 | 54.4 ± 4.4 | 50.4 ± 4.5 |
| 50–64 years | 95.6 ± 1.7 | 66.8 ± 4.0 | 60.5 ± 4.1 |
| ≥65 years | 94.4 ± 2.0 | 64.6 ± 4.4 | 51.5 ± 4.6 |
| Race | | | |
| White | 92.9 ± 1.4 | 63.1 ± 2.6 | 55.6 ± 2.7 |
| Black | 88.5 ± 6.0 | 57.9 ± 9.0 | 48.5 ± 9.0 |
| Education | | | |
| Less than high school | 89.9 ± 5.5 | 51.7 ± 8.5 | 36.5 ± 8.0 |
| High school graduate | 90.8 ± 2.6 | 61.4 ± 4.1 | 54.0 ± 4.2 |
| Some college | 92.9 ± 2.1 | 62.2 ± 4.4 | 55.4 ± 4.5 |
| College graduate | 95.0 ± 2.2 | 67.5 ± 4.7 | 62.3 ± 4.9 |
| Household income | | | |
| <\$20,000 | 88.8 ± 4.6 | 53.3 ± 6.3 | 41.6 ± 6.2 |
| \$20,000–34,999 | 90.3 ± 3.2 | 63.9 ± 5.3 | 56.4 ± 5.5 |
| \$35,000–49,999 | 93.0 ± 3.4 | 60.6 ± 6.5 | 56.5 ± 6.6 |
| \$50,000–74,999 | 93.7 ± 3.3 | 65.9 ± 6.2 | 59.0 ± 6.4 |
| ≥\$75,000 | 94.9 ± 2.8 | 63.5 ± 6.3 | 60.7 ± 6.3 |
| ^a Proportion of female respondents 40 years and older who reported having a mammogram in the past year. ^b Proportion of female respondents 40 years and older who had both a clinical breast exam and mammogram in the previous year. | | | |

| Cervical Cancer Screening 2002 Michigan BRFS (% \pm 95% confidence interval limits) | | |
|--|----------------------------------|---|
| Demographic Characteristics | Ever Had Pap Test | Had Appropriately Timed Pap Test^a |
| Total | 96.3 \pm 1.0 | 85.2 \pm 1.5 |
| Age | | |
| 20–29 years | 89.9 \pm 3.8 | 88.0 \pm 4.0 |
| 30–39 years | 98.6 \pm 1.3 | 92.5 \pm 2.5 |
| 40–49 years | 99.1 \pm 0.9 | 90.5 \pm 2.8 |
| 50–59 years | 99.1 \pm 0.9 | 87.7 \pm 3.1 |
| 60–69 years | 97.6 \pm 1.6 | 79.3 \pm 5.0 |
| \geq 70 years | 94.3 \pm 2.7 | 64.4 \pm 5.3 |
| Race | | |
| White | 97.0 \pm 1.0 | 85.2 \pm 1.7 |
| Black | 96.7 \pm 2.4 | 89.4 \pm 4.0 |
| Education | | |
| Less than high school | 94.1 \pm 4.3 | 73.8 \pm 6.9 |
| High school graduate | 95.3 \pm 1.9 | 81.4 \pm 3.0 |
| Some college | 96.7 \pm 1.6 | 86.7 \pm 2.5 |
| College graduate | 97.6 \pm 1.3 | 92.2 \pm 2.1 |
| Household income | | |
| <\$20,000 | 93.0 \pm 3.3 | 73.0 \pm 5.0 |
| \$20,000–34,999 | 96.8 \pm 1.7 | 86.0 \pm 3.1 |
| \$35,000–49,999 | 96.0 \pm 2.8 | 85.2 \pm 4.1 |
| \$50,000–74,999 | 97.0 \pm 2.5 | 90.4 \pm 3.4 |
| \geq \$75,000 | 98.8 \pm 1.2 | 94.9 \pm 2.1 |
| ^a Proportion of female respondents 18 years and older who had a Pap test within the previous three years. | | |

Preliminary Estimates
May 8, 2003

| Weight Management I 2002 Michigan BRFSS (% \pm 95% confidence interval limits) | | | |
|--|--|--|----------------------------------|
| Demographic Characteristics | Trying to Lose Weight^a | Trying to Maintain Weight^b | Neither^c |
| Total | 44.0 \pm 1.6 | 37.6 \pm 1.6 | 18.4 \pm 1.3 |
| Age | | | |
| 18–24 years | 35.4 \pm 5.4 | 36.0 \pm 5.5 | 28.6 \pm 5.2 |
| 25–34 years | 41.3 \pm 3.9 | 40.5 \pm 4.0 | 18.2 \pm 3.1 |
| 35–44 years | 46.8 \pm 3.5 | 35.5 \pm 3.3 | 17.7 \pm 2.8 |
| 45–54 years | 54.4 \pm 3.5 | 32.9 \pm 3.4 | 12.7 \pm 2.4 |
| 55–64 years | 50.6 \pm 4.1 | 37.0 \pm 4.0 | 12.4 \pm 2.8 |
| 65–74 years | 43.5 \pm 4.7 | 38.7 \pm 4.6 | 17.8 \pm 3.7 |
| ≥ 75 years | 23.7 \pm 4.7 | 49.3 \pm 5.4 | 27.0 \pm 4.9 |
| Gender | | | |
| Male | 36.4 \pm 2.4 | 41.3 \pm 2.5 | 22.3 \pm 2.1 |
| Female | 50.9 \pm 2.1 | 34.2 \pm 2.0 | 14.8 \pm 1.5 |
| Race | | | |
| White | 44.3 \pm 1.7 | 38.2 \pm 1.7 | 17.5 \pm 1.4 |
| Black | 41.8 \pm 5.4 | 37.0 \pm 5.4 | 21.2 \pm 4.4 |
| Education | | | |
| Less than high school | 36.0 \pm 5.3 | 36.5 \pm 5.2 | 27.6 \pm 5.3 |
| High school graduate | 42.1 \pm 2.9 | 35.7 \pm 2.8 | 22.2 \pm 2.5 |
| Some college | 47.7 \pm 3.0 | 36.1 \pm 2.9 | 16.2 \pm 2.2 |
| College graduate | 44.9 \pm 2.9 | 41.6 \pm 2.9 | 13.5 \pm 2.0 |
| Household income | | | |
| <\$20,000 | 39.7 \pm 4.6 | 37.3 \pm 4.6 | 23.1 \pm 4.1 |
| \$20,000–34,999 | 41.6 \pm 3.5 | 36.5 \pm 3.4 | 21.9 \pm 2.9 |
| \$35,000–49,999 | 41.5 \pm 3.9 | 41.2 \pm 3.9 | 17.3 \pm 3.0 |
| \$50,000–74,999 | 50.1 \pm 4.0 | 35.0 \pm 3.8 | 14.9 \pm 3.1 |
| \geq \$75,000 | 49.5 \pm 3.6 | 38.9 \pm 3.5 | 11.6 \pm 2.4 |
| ^a Responded 'yes' to the question, "Are you trying to lose weight now?" ^b Responded 'yes' to the question, "Are you trying to maintain your current weight, that is to keep from gaining weight?" ^c Responded 'no' to both questions. | | | |

*Preliminary Estimates
May 8, 2003*

| Weight Management II 2002 Michigan BRFS (% ± 95% confidence interval limits) | | | | | |
|--|---|--------------------------------------|------------------------------|----------------------------------|---|
| Demographic Characteristics | Advised to Lose Weight^a | Exercise and Diet^b | Diet Only^c | Exercise Only^d | Neither Exercise or Diet^e |
| Total | 16.7 ± 1.2 | 53.3 ± 1.8 | 21.6 ± 1.5 | 16.2 ± 1.4 | 9.0 ± 1.0 |
| Age | | | | | |
| 18–24 years | 7.2 ± 2.8 | 57.4 ± 6.7 | 8.7 ± 3.4 | 28.8 ± 6.4 | 5.1 ± 2.5 |
| 25–34 years | 13.8 ± 2.7 | 56.4 ± 4.5 | 15.2 ± 3.2 | 20.9 ± 3.7 | 7.5 ± 2.3 |
| 35–44 years | 16.9 ± 2.7 | 55.5 ± 3.8 | 18.2 ± 3.0 | 16.6 ± 2.8 | 9.7 ± 2.4 |
| 45–54 years | 22.6 ± 3.0 | 54.1 ± 3.9 | 25.1 ± 3.5 | 12.3 ± 2.4 | 8.5 ± 2.3 |
| 55–64 years | 24.8 ± 3.6 | 55.2 ± 4.4 | 25.2 ± 3.9 | 11.8 ± 2.8 | 7.8 ± 2.2 |
| 65–74 years | 17.0 ± 3.7 | 46.9 ± 5.2 | 31.2 ± 4.9 | 10.9 ± 3.2 | 11.1 ± 3.1 |
| ≥75 years | 11.0 ± 3.8 | 34.7 ± 6.0 | 41.0 ± 6.3 | 6.8 ± 3.1 | 17.6 ± 4.6 |
| Gender | | | | | |
| Male | 14.5 ± 1.7 | 51.5 ± 2.9 | 18.4 ± 2.2 | 20.6 ± 2.4 | 9.6 ± 1.6 |
| Female | 18.7 ± 1.6 | 54.8 ± 2.3 | 24.2 ± 2.0 | 12.5 ± 1.6 | 8.6 ± 1.2 |
| Race | | | | | |
| White | 15.9 ± 1.2 | 53.2 ± 1.9 | 21.6 ± 1.5 | 16.5 ± 1.5 | 8.7 ± 1.0 |
| Black | 23.6 ± 4.7 | 53.0 ± 6.3 | 21.6 ± 5.1 | 14.7 ± 4.8 | 10.7 ± 3.8 |
| Education | | | | | |
| Less than high school | 14.3 ± 3.9 | 41.0 ± 6.4 | 38.3 ± 6.2 | 7.4 ± 3.5 | 13.4 ± 4.0 |
| High school graduate | 15.5 ± 2.1 | 49.1 ± 3.4 | 23.7 ± 2.8 | 14.9 ± 2.5 | 12.4 ± 2.2 |
| Some college | 19.9 ± 2.4 | 56.2 ± 3.3 | 20.1 ± 2.5 | 17.1 ± 2.5 | 6.6 ± 1.5 |
| College graduate | 15.5 ± 2.1 | 57.8 ± 3.1 | 16.6 ± 2.4 | 18.6 ± 2.5 | 7.1 ± 1.6 |
| Household income | | | | | |
| <\$20,000 | 17.0 ± 3.8 | 43.0 ± 5.4 | 28.6 ± 4.7 | 13.0 ± 4.1 | 15.4 ± 3.9 |
| \$20,000–34,999 | 17.2 ± 2.6 | 50.2 ± 4.1 | 27.7 ± 3.6 | 12.2 ± 2.7 | 9.9 ± 2.3 |
| \$35,000–49,999 | 14.0 ± 2.8 | 53.5 ± 4.4 | 20.3 ± 3.4 | 16.6 ± 3.3 | 9.7 ± 2.6 |
| \$50,000–74,999 | 18.7 ± 3.0 | 56.9 ± 4.2 | 18.3 ± 3.3 | 17.6 ± 3.2 | 7.2 ± 2.1 |
| ≥\$75,000 | 18.5 ± 2.7 | 60.1 ± 3.8 | 15.1 ± 2.8 | 18.4 ± 3.0 | 6.3 ± 1.8 |
| ^a Proportion of all respondents who said they were advised by a doctor to lose weight. Among those trying to lose or maintain their weight, ^b the proportion who said they were eating fewer calories and (or) less fat and using physical activity to either lose weight or keep from gaining weight. ^c the proportion who said they were eating fewer calories and (or) less fat to either lose weight or keep from gaining weight, but not using physical activity. ^d the proportion who said they were using physical activity to either lose weight or keep from gaining weight, but not diet. ^e the proportion who said they were doing neither. | | | | | |

| HIV Testing I Among Adults 18–64 Years 2002 Michigan BRFs (% ± 95% confidence interval limits) | | |
|--|--|---|
| Demographic Characteristics | Ever Tested for HIV^a | Tested for HIV in Past 2 Years^b |
| Total | 44.6 ± 1.8 | 46.6 ± 3.2 |
| Age | | |
| 18–24 years | 42.8 ± 5.6 | 71.9 ± 8.0 |
| 25–34 years | 66.0 ± 3.8 | 45.6 ± 5.4 |
| 35–44 years | 52.2 ± 3.5 | 32.5 ± 5.6 |
| 45–54 years | 31.9 ± 3.3 | 43.1 ± 7.8 |
| 55–64 years | 20.9 ± 3.3 | 54.6 ± 11.0 |
| Gender | | |
| Male | 41.9 ± 2.8 | 48.9 ± 5.1 |
| Female | 47.3 ± 2.4 | 44.5 ± 4.0 |
| Race | | |
| White | 41.5 ± 1.9 | 41.7 ± 3.5 |
| Black | 62.8 ± 5.6 | 62.8 ± 7.9 |
| Education | | |
| Less than high school | 44.6 ± 7.2 | 69.4 ± 11.7 |
| High school graduate | 41.6 ± 3.3 | 49.5 ± 6.2 |
| Some college | 47.9 ± 3.3 | 44.5 ± 5.5 |
| College graduate | 44.2 ± 3.1 | 41.0 ± 5.4 |
| Household income | | |
| <\$20,000 | 46.0 ± 5.8 | 56.1 ± 9.7 |
| \$20,000–34,999 | 49.2 ± 4.2 | 48.3 ± 7.1 |
| \$35,000–49,999 | 45.5 ± 4.3 | 38.8 ± 7.0 |
| \$50,000–74,999 | 43.7 ± 4.1 | 43.0 ± 7.3 |
| ≥\$75,000 | 45.2 ± 3.6 | 44.5 ± 6.3 |
| ^a Reported 'yes' to the question, "As far as you know, have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation." "Don't know" (2.4 ± 0.5%) was considered a valid response. ^b Proportion of those ever tested who said they were tested within the past 2 years. | | |

| HIV Testing II Among Adults 18–64 Years 2002 Michigan BRFSS (% ± 95% confidence interval limits) | |
|--|--------------------------------|
| Main reason for last HIV test | % Reporting^a |
| Test was required | 20.6 ± 2.3 |
| Test was suggested | 2.7 ± 0.9 |
| Thought HIV ⁺ through sex or drug use | 2.0 ± 0.8 |
| Wanted to know if HIV ⁺ | 12.7 ± 1.9 |
| Worried about giving HIV to others | 0.8 ± 0.5 |
| Pregnant | 10.5 ± 1.5 |
| Test part of routine check-up | 32.0 ± 2.6 |
| Tested for other reason | 18.7 ± 2.2 |
| Total | 100 |
| Place of last HIV test | % Reporting |
| Private doctor or HMO | 46.9 ± 2.8 |
| Counseling and testing site | 4.1 ± 1.2 |
| Hospital | 17.4 ± 2.1 |
| Clinic | 16.8 ± 2.2 |
| Jail or prison | 1.3 ± 0.8 |
| Home | 4.7 ± 1.2 |
| Other | 8.8 ± 1.6 |
| Total | 100 |
| ^a Proportion of those tested who gave this response as the main reason they had had their last HIV test. ^b Proportion of those tested who gave this response as the place where they had their last HIV test. | |

| Sexual Behavior Among Adults 18–64 Years 2002 Michigan BRFSS (% ± 95% confidence interval limits) | | |
|---|---|---|
| Demographic Characteristics | Engaged in High Risk Activities in Past Year^a | Told about STD Prevention Through Condom Use^b |
| Total | 4.6 ± 0.8 | 12.4 ± 1.3 |
| Age | | |
| 18–24 years | 9.6 ± 3.4 | 40.5 ± 5.6 |
| 25–34 years | 6.7 ± 2.1 | 15.9 ± 3.0 |
| 35–44 years | 3.6 ± 1.2 | 7.7 ± 2.0 |
| 45–64 years | 1.9 ± 0.7 | 2.1 ± 0.7 |
| Gender | | |
| Male | 4.9 ± 1.3 | 8.6 ± 1.7 |
| Female | 4.2 ± 1.0 | 16.0 ± 2.0 |
| Race | | |
| White | 4.0 ± 0.8 | 10.0 ± 1.3 |
| Black | 7.5 ± 3.0 | 24.3 ± 5.1 |
| Education | | |
| Less than high school | 10.0 ± 5.0 | 21.9 ± 6.5 |
| High school graduate | 4.5 ± 1.4 | 13.5 ± 2.6 |
| Some college | 5.0 ± 1.5 | 14.8 ± 2.5 |
| College graduate | 2.9 ± 1.0 | 6.7 ± 1.7 |
| Household income | | |
| <\$20,000 | 8.3 ± 3.3 | 19.4 ± 4.7 |
| \$20,000–34,999 | 5.3 ± 2.0 | 18.4 ± 3.5 |
| \$35,000–49,999 | 3.8 ± 1.8 | 11.3 ± 3.0 |
| ≥\$50,000 | 3.9 ± 1.1 | 7.9 ± 1.7 |
| ^a Proportion of respondents who replied affirmatively to at least one of the following high risk activities in the past 12 months: used intravenous drugs, treated for a sexually or venereal disease, received money or drugs in exchange for sex, or had anal sex without a condom. ^b Proportion of adults 18–64 whose doctor had talked to them in the past year about preventing sexually transmitted diseases through condom use. | | |

Preliminary Estimates
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| Seat Belt Use 2002 Michigan BRFs (% \pm 95% confidence interval limits) | |
|---|--|
| Demographic Characteristics | Don't Always Wear Seat Belt^a |
| Total | 16.4 \pm 1.3 |
| Age | |
| 18–24 years | 20.0 \pm 4.4 |
| 25–34 years | 21.3 \pm 3.5 |
| 35–44 years | 13.6 \pm 2.4 |
| 45–54 years | 16.1 \pm 2.7 |
| 55–64 years | 15.7 \pm 3.1 |
| 65–74 years | 11.9 \pm 3.2 |
| \geq 75 years | 13.7 \pm 3.9 |
| Gender | |
| Male | 22.3 \pm 2.1 |
| Female | 11.0 \pm 1.4 |
| Race | |
| White | 16.2 \pm 1.3 |
| Black | 20.0 \pm 4.5 |
| Education | |
| Less than high school | 18.8 \pm 4.5 |
| High school graduate | 17.5 \pm 2.3 |
| Some college | 16.7 \pm 2.3 |
| College graduate | 14.2 \pm 2.1 |
| Household income | |
| <\$20,000 | 17.9 \pm 3.7 |
| \$20,000–34,999 | 17.5 \pm 2.8 |
| \$35,000–49,999 | 15.9 \pm 2.9 |
| \$50,000–74,999 | 18.6 \pm 3.4 |
| \geq \$75,000 | 15.9 \pm 2.7 |
| ^a Proportion of respondents who reported that they don't always wear a seatbelt while driving/riding in a car. | |

| Prostate Cancer Screening Among Men Aged 50 Years and Older^a 2002 Michigan BRFSS (% ± 95% confidence interval limits) | | | | |
|--|---------------------------------|-----------------------------|--------------------------------------|----------------------------------|
| Demographic Characteristics | Ever Had DRE^b | Had DRE in Past Year | Ever Had PSA Test^c | Had PSA Test in Past Year |
| Total | 84.9 ± 2.9 | 54.3 ± 3.8 | 75.4 ± 3.3 | 54.8 ± 3.8 |
| Age | | | | |
| 50–59 years | 80.7 ± 4.7 | 47.5 ± 5.7 | 70.6 ± 5.2 | 49.4 ± 5.8 |
| 60–69 years | 86.9 ± 4.6 | 60.6 ± 6.8 | 75.4 ± 6.2 | 55.1 ± 7.1 |
| ≥70 years | 91.0 ± 4.4 | 60.6 ± 7.1 | 84.1 ± 5.4 | 64.6 ± 7.0 |
| Race | | | | |
| White | 86.1 ± 2.9 | 54.3 ± 4.0 | 75.7 ± 3.4 | 55.1 ± 4.0 |
| Black | 81.6 ± 12.6* | 59.8 ± 15.8* | 76.0 ± 13.4 | 60.2 ± 15.6* |
| Education | | | | |
| High school grad or less | 78.9 ± 5.0 | 48.1 ± 5.9 | 72.1 ± 5.3 | 47.8 ± 6.0 |
| Some college or grad | 89.1 ± 3.4 | 58.3 ± 4.9 | 77.6 ± 4.2 | 59.4 ± 4.9 |
| Household income | | | | |
| <\$35,000 | 77.2 ± 5.5 | 44.2 ± 6.3 | 70.7 ± 5.9 | 49.4 ± 6.4 |
| ≥\$35,000 | 87.8 ± 3.6 | 57.6 ± 5.1 | 76.5 ± 4.4 | 57.5 ± 5.1 |
| ^a Men who had been diagnosed with prostate cancer (6.7 ± 1.8%) were excluded. ^b Reported 'yes' to the question, "A digital rectal exam is an exam in which a doctor, nurse, or other health professional places a gloved finger into the rectum to feel the size, shape, and hardness of the prostate gland. Have you ever had a digital rectal exam?" ^c Reported 'yes' to the question, "A prostate-specific antigen test, also called a PSA test, is a blood test used to check men for prostate cancer. Have you ever had a PSA test?" *Estimates may be unstable where sample sizes are <50. | | | | |

Preliminary Estimates
May 8, 2003

| Family Planning I By Gender^a 2002 Michigan BRFSS (% ± 95% confidence interval limits) | | |
|---|----------------------------------|-------------------------------|
| Demographic Characteristics | Using Birth Control ^b | |
| | Male Respondents Aged 18–59 | Female Respondents Aged 18–44 |
| Total | 61.1 ± 2.8 | 68.0 ± 3.1 |
| Age | | |
| 18–34 years | 66.3 ± 4.7 | 67.6 ± 4.3 |
| 35–44 years | 66.1 ± 5.2 | 69.2 ± 4.3 |
| 45–59 years | 50.4 ± 4.6 | — |
| Race | | |
| White | 61.3 ± 3.0 | 69.5 ± 3.3 |
| Black | 66.1 ± 9.3 | 64.0 ± 9.0 |
| Education | | |
| High school grad or less | 60.8 ± 4.7 | 67.2 ± 5.5 |
| Some college or grad | 61.3 ± 3.5 | 68.5 ± 2.7 |
| Household income | | |
| <\$35,000 | 58.0 ± 5.9 | 66.4 ± 5.5 |
| ≥\$35,000 | 63.8 ± 3.4 | 71.8 ± 3.8 |
| ^a Family planning questions were asked of women who were between the ages of 18 and 44 and were not pregnant, and asked of men between 18 and 59 years. ^b Proportion of respondents who reported that they or their partner were doing something to prevent pregnancy. | | |

| Family Planning II Among Men Aged 18–59 and Among Women Aged 18–44 2002 Michigan BRFs | |
|---|------------------------------------|
| Method of Birth Control (BC)^a | Proportion (%) |
| Sterilization | 42.7 |
| Birth control pill, Norplant, or Depo Provera shots | 33.0 |
| Condoms, diaphragm, IUD, foam, jelly, or cream | 31.4 |
| Withdrawal or rhythm method | 4.4 |
| Other method | 2.4 |
| Reason for Not Using BC^b | % ± 95% confidence interval |
| Not sexually active or no partner | 11.4±2.7 |
| OK to, or don't care if, get pregnant | 23.7±3.7 |
| Don't want to use or don't like BC | 2.9±1.5 |
| Had tubes tied, vasectomy, or hysterectomy | 22.6±3.5 |
| Now pregnant, breastfeeding, or postpartum | 6.5±2.4 |
| Don't think self or partner can get pregnant | 11.4±2.8 |
| Too old | 9.9±2.7 |
| Have same sex partner | 1.0±0.9 |
| Other reason | 10.7±3.0 |
| ^a Respondents were allowed two responses when asked what methods of birth control they or their partner were using. Responses were pooled to determine the overall proportion of respondents using the above listed methods. People who said they were not sexually active or did not have a partner were excluded. Only one response was permitted for those who said they had had either a vasectomy or their tubes tied (sterilization). ^b Proportion of respondents who reported what their main reason was for not using a method of birth control. | |

Preliminary Estimates
May 8, 2003

| Firearms in the Home^a 2002 Michigan BRFs (% ± 95% confidence interval limits) | | | |
|--|---------------------------------|--|--------------------|
| Demographic Characteristics | Have Loaded Unlocked Gun | Gun is Loaded & Locked, Unloaded, or Status Unknown | Have No Gun |
| Total | 3.3 ± 0.6 | 37.2 ± 1.6 | 59.5 ± 1.6 |
| Age | | | |
| 18–34 years | 2.5 ± 1.0 | 32.2 ± 3.2 | 65.3 ± 3.2 |
| 35–54 years | 3.8 ± 1.0 | 40.0 ± 2.5 | 56.3 ± 2.5 |
| ≥55 years | 3.3 ± 1.0 | 39.1 ± 2.6 | 57.6 ± 2.7 |
| Gender | | | |
| Male | 5.6 ± 1.1 | 41.8 ± 2.5 | 52.6 ± 2.5 |
| Female | 1.2 ± 0.4 | 33.1 ± 2.0 | 65.8 ± 2.0 |
| Race | | | |
| White | 3.2 ± 0.6 | 41.1 ± 1.7 | 55.8 ± 1.7 |
| Black | 4.7 ± 2.1 | 16.9 ± 4.2 | 78.4 ± 4.5 |
| Education | | | |
| High school grad or less | 2.6 ± 0.8 | 38.5 ± 2.5 | 59.0 ± 2.5 |
| Some college or grad | 3.8 ± 0.8 | 36.4 ± 2.0 | 59.8 ± 2.1 |
| Household income | | | |
| <\$35,000 | 2.9 ± 0.9 | 29.9 ± 2.6 | 67.3 ± 2.6 |
| ≥\$35,000 | 3.6 ± 0.8 | 43.8 ± 2.2 | 52.7 ± 2.2 |
| ^a Proportion of respondents who reported that they had a loaded, unlocked gun at home; a gun that was either loaded and locked, unloaded, or the status of the gun was unknown; or they had no gun at home. | | | |

Preliminary Estimates
May 8, 2003

| Raw Milk Consumption 2002 Michigan BRFSS (% \pm 95% confidence interval limits) | |
|---|---|
| Demographic Characteristics | Consumed Raw Milk in Past Year^a |
| Total | 1.8 \pm 0.5 |
| Age | |
| 18–34 years | 2.6 \pm 1.1 |
| 35–54 years | 1.6 \pm 0.6 |
| \geq 55 years | 1.3 \pm 0.7 |
| Gender | |
| Male | 2.3 \pm 0.8 |
| Female | 1.4 \pm 0.5 |
| Race | |
| White | 1.8 \pm 0.5 |
| Black | 1.2 \pm 1.0 |
| Education | |
| \leq High school graduate | 1.4 \pm 0.7 |
| >High school | 2.1 \pm 0.6 |
| Household income | |
| <\$35,000 | 2.0 \pm 0.8 |
| \geq \$35,000 | 1.7 \pm 0.6 |
| ^a Proportion of respondents who reported that they consumed raw or unpasteurized milk or other dairy products made from unpasteurized milk in the previous year. | |